## Hiring Nutrition Counsellor at ‘The Food Therapy Centre’

**Role Description:**

This is an exciting opportunity for a flexible, freelance role for a nutrition counsellor to join our small but growing team at The Food Therapy Centre.

At The Food Therapy Centre we work in a client-centred, trauma-informed, and collaborative way with our clients, where we show up as equals. Our work is often therapeutic in nature, creating a bridge between traditional nutrition work and counselling/psychotherapy.

We are looking for a candidate who is passionate about delivering weight-inclusive care in a 1-to-1 setting with clients who wish to improve their relationship with food and their bodies.

In addition to building and managing a client caseload, the successful candidate will be responsible for aiding more senior members of the team in content creation, wider company projects, and miscellaneous administrative work.

You will be given training in non-diet approaches, body image, and nutrition interventions for specific health conditions (although any experience of this is advantageous) as well as relevant counselling skills. You will also be given opportunities to shadow experienced practitioners in the clinic, and given any necessary training in the administrative skills required to manage a client caseload.

**Responsibilities:**

* Conduct 1-to-1 virtual nutrition consultations with clients, working with a variety of concerns such as disordered eating, gut health, PCOS, etc.
* Manage a client case-load including contact outside of 1-to-1 consultations and associated administrative work.
* Contribute to ideas and content for various social media pages.
* Collaborate on and contribute to company projects such as courses and webinars.
* The role may include other reasonable and similar responsibilities.

**Qualifications & skills:**

Essential:

* Minimum of a BSc in Nutrition and/or Dietetics
* Eligible for registration or already registered with either Association for Nutrition (A/RNutr) or Health Care Professions Council (RD).
* Professional interest in intuitive eating, non-diet nutrition, and weight-inclusive care.
* Personal and/or professional experience of the issues and concerns LGBTQ+ clients may face.
* Ability to work both independently and collaboratively as part of a team.
* Ability to work remotely and virtually with appropriate technical equipment.

Desirable:

* Clinical experience in 1-1 consultations
* Familiarity with software such as Canva, Zoom, Teachable and WordPress
* Additional training in behaviour change or counselling skills (or willingness to pursue basic training in counselling)
* Experience and/or training in body image work

**How to apply:**

Please send the completed application form to [hiring@foodtherapycentre.com](mailto:hiring@foodtherapycentre.com) by 6pm (BST) Monday 31st July.

**Remuneration parameters:**

This is a flexible, freelance role, beginning at approximately 5 hours per week, building to 7-10 depending on client load.

Working hours: flexible, to be discussed at interview.

Pay: £20 per hour for clinical hours, £15 per hour for all other work.

Budget will be allocated to subsidise key CPD such as foundational counselling skills.

**Additional information:**

Applications due by 6pm Monday 31st July. No late applications will be accepted.

Interviews will be conducted on 15th, 17th, and 19th August on Zoom.

The position will start from 12th September or as soon as possible thereafter.

This is a remote position, working virtually with opportunities to join team meetings in London.

This role is open to those who are currently completing (or have recently completed) a degree programme in Nutrition or Dietetics. Applications from nutritional therapists will not be considered for this position.

## Application Form

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| **Personal details** | |
| Name: |  |
| Gender identity/preferred pronouns: |  |
| Date of birth: |  |
| Address: |  |
| Email: |  |
| Contact telephone number: |  |
| Professional registration held (e.g. AfN, HCPC): |  |
| Professional registration number (if applicable): |  |
| Do you have a current right to work in the UK?  (If successful you will be asked to provide the relevant documentation) |  |

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| **Relevant qualifications** | | | | |
| Institution | Length of course (full or part time) | Course title | Grade | Year attained |
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| **Relevant CPD courses attended (5 maximum)** | | |
| Subject | Date \* | Tutor/organisation |
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\*If self-paced please give date of completion or the date on the certificate (if applicable).

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| **Nutrition and counselling experience (if relevant and applicable)** | |
| Organisation |  |
| Job title |  |
| Responsibilities |  |
| Dates (from/to) |  |
| Brief details on relevance |  |

(Please feel free to add additional rows if you have more experience.)

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| **Access** | |
| Do you have any access requirements for the application process/interview you would like us to be aware of at this time? |  |

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| **Referee** | |
| Please provide contact details of a referee. This can be a current or recent employer. If you have no or limited relevant employment experience please provide a referee from an education establishment or from any volunteer work.  Do not include family or friends.  We will only contact referees for successful candidates following acceptance of the role. | |
| **Name:**  **Job Title:**  **Address:**  **Contact telephone number:**  **Contact email address:** | **Relationship to you:** |

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| **Data protection statement** |
| All of the information collected in this form is necessary and relevant to the performance of the job applied for. We will use the information provided by you on this form, and by the referee you have noted, for recruitment purposes only. The company will treat all personal information with the utmost confidentiality and in line with current data protection legislation.  Should you be successful in your application, the information provided, and further information which will be gathered at the relevant time, will be subsequently used for the administration of your employment and in relation to any legal challenge which may be made regarding our recruitment practices.  For more information on how we use the information you have provided, please see our privacy notice for job applicants which is located at <https://foodtherapycentre.com/data-privacy-notice-for-job-applicants/>. |

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| **Declaration and signature** |
| I confirm that the above information is complete and correct and that any untrue or misleading information will give my employer the right to terminate any employment offered. I understand that any offer of employment is subject to the Company being satisfied with the results of a series of relevant checks, which may include references, eligibility to work in the UK, criminal convictions, probationary period and a medical report (in line with the operation of the Equality Act 2010).  Signed:  Name:  Date: |

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| **Please answer the following prompts (2 pages max in total)** |
| Please briefly outline your understanding of the role of a nutrition counsellor and what particular skills you have to carry out this role. |
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| Please briefly describe your understanding of the non-diet approach and how it applies to working with clients. |
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| Please give (brief) details of your experience of working remotely, e.g. using software such as Zoom. |
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| Please give (brief) details of your skills and experience in social media and marketing tools such as Canva, Teachable, etc. |
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| Please give (brief) details of your experience of administrative work, and your understanding of the importance of admin in a clinical role. |
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| At The Food Therapy Centre, we work with a high proportion of LGBTQ+ clients. Please outline any personal and/or professional experience of the issues and concerns LGBTQ+ clients may face. |
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| Please list below your availability and preference for working on a regular basis, please indicate the day as well as morning, afternoon or evening. |
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Please return to [hiring@foodtherapycentre.com](mailto:hiring@foodtherapycentre.com) when completed.